



Combined Health Information Database ([CHID](#)) is a joint effort of the National Institutes of Health (NIH) and the Health Resources and Services Administration (HRSA). Access to the database is free. This database provides easy access to health information, including more than 101,000 health-related materials that have appeared in magazines, journals, newspapers, brochures, book chapters, and videotapes. The content is summarized in abstracts, and contact information is provided for the producers of hard-to-find items. CHID is intended to be used by both health professionals and the public. Each group should find something of interest. For the professional, CHID is a complement to databases such as Medline and Pub Med, which focus on biomedical literature. CHID enables members of the public to locate health information written for a general audience and found in sources readily available to them. Much of the material found in CHID is not indexed elsewhere.

Users can search the entire database or focus their search on select areas, including the weight-control sub file, which is maintained by Weight-control Information Network (WIN). WIN is a national information service of the National Institutes of Diabetes and Digestive and Kidney Diseases (NIDDK) of NIH, part of the U.S. Department of Health and Human Services (HHS), the Federal Government's lead agency for biomedical research on nutrition and obesity. Authorized by Congress (Public Law 103-43), WIN provides the general public, health professionals, the media, and Congress with up-to-date, science-based health information on weight control, obesity, physical activity, and related nutritional issues.